

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: MANAGING OFFENDER GROUPS

CODE NO.: CJS 426

SEMESTER: FOUR

PROGRAM: CORRECTIONAL WORKER

INSTRUCTOR: Vicki Ekstrom or Anna Hagerty

DATE: JANUARY 1996

NEW:

REVISED: X

APPROVED:

K. DeRosario
Kitty DeRosario, Dean
School of Human Sciences
and Teacher Education

Dec. 21/95
Date

****NOTE:**

Do not discard this outline. It will be required by other educational institutions if you are attempting to obtain credit for this course.



PHILOSOPHY

This course will explore the process which occurs when people become a group. Students will be introduced to the theory underlying effective group dynamics and the skills required to apply this knowledge, therapeutically, with children and youth. An experiential approach to learning about group dynamics encompasses the core of this subject matter.

STUDENT PERFORMANCE OBJECTIVES

Upon successful completion of this course the student will be able to:

1. understand and apply concepts of group dynamics as it relates to identifying roles within the group as well as role adjustments.
2. identify and gain expertise in recognizing the 'sense of group' by observing and exploring the behaviours, feelings and attitudes within the group structure.
3. employ attending behaviours and demonstrate caring communication skills.
4. create, implement and process therapeutic group activities.
5. develop self-awareness as it relates to and affects the dynamics of the group process.
6. understand and apply the concepts of problem-solving and decision-making within a group and/or team structure.
7. identify the developmental stages of groups and plan activities according to each stage.

TOPICS TO BE COVERED

1. Group Dynamics and Relating Behaviours to Roles
2. Helpful and Harmful Group Behaviours
3. Interpersonal Communications
4. Creativity and Leadership
5. Self and the Group Process
6. Conflict Management
7. Modifying Group Formations

LEARNING ACTIVITIES

REQUIRED RESOURCES

1.0 Group Dynamics and Relating Behaviours to Roles

Upon successful completion of this module the student will be able to:

1.1 identify characteristics of a group

Text: Joining Together
Chapter 1

Activities: discussion, assigned readings, exercises

1.2 understand the structure of groups

1.3 identify effective groups and group skills

Assignment: Answer questions 1 -> 4 on pg. 37-38 and submit to instructor.

1.4 identify his/her present attitude, behaviours and feelings

2.0 Experiential Learning

Upon successful completion of this module the student will be able to:

2.1 understand procedural learning and action theories

2.2 gain expertise through experiential learning

2.3 develop observation and role-playing skills

Text: Joining Together
Chapter 2

Activities: discussion, assigned readings, exercises, role-playing

2.5 explain and conduct a skill training exercise

2.6 understand the ethics of experiential learning

3.0 Group Goals and Interpersonal Communications

Upon successful completion of this course the student will be able to:

3.1 identify effective communication techniques that enhance listening and understanding

3.2 understand group goals and social interdependence

3.3 develop goal-related behaviours and effective group goals

3.4 propose methods to improve group communication

3.5 practice giving and receiving information

3.6 recognize patterns of communication within the group

Text: Joining Together
Chapter 3 & 4

Activities: discussion, exercises, assigned readings

LEARNING ACTIVITIES (cont'd)

REQUIRED RESOURCES

- 3.7 explain the difference between competition and cooperation
- 3.8 understand and identify barriers to communication
- 3.9 determine communication structures and networks
- 4.0 Creativity and Leadership**
Upon successful completion of this module the student will be able to:
- 4.1 create, implement and process therapeutic group activities
- 4.2 identify and demonstrate leadership issues and styles
- 4.3 empower group members through successful leadership
- 4.4 determine factors that indicate successful leadership
- 4.5 recognize common causes of failure and suggest how each could be minimized or eliminated
- 4.6 compare and describe situations involving conflict, competition and cooperation
- 4.7 utilize the problem solving process to devise solutions for given case studies
- 4.8 demonstrate the decision making model for reaching a group/team consensus
- 4.9 identify and describe different methods of decision making
- 5.0 Self and the Group Process**
Upon successful completion of this module the student will be able to:
- 5.1 develop his/her self-awareness as it relates to and affects the dynamics of the group process
- 5.2 understand his/her controversial behaviour
- 5.3 identify cooperative goal structure
- 5.4 define creativity and develop/foster creativity
- 5.5 negotiate conflict strategies
- 5.6 promote negotiating resolutions and understand third party mediation
- 5.7 define and use power and influence
- 5.8 recognize power behaviour within self and other
- Text:** Joining Together
Chapter 5 & 6
- Activities:** discussion, exercises, role-play
- Assignment:** In small groups, plan and implement a therapeutic group activity. Particulars to be provided.
- Text:** Joining Together
Chapter 7 & 8
- Activities:** discussion, exercises, assigned readings
- Assignment:** In small groups, present a group theory presentation. Particulars to be provided.

LEARNING ACTIVITIES (cont'd)

REQUIRED RESOURCES

6.0 Conflict Management

Upon successful completion of this module the student will be able to:

- 6.1 compare and describe different types of groups
- 6.2 lead a learning and discussion group
- 6.3 lead a growth and counselling group

Text: Joining Together
Chapter 9 & 10

Activities: discussion,
exercises, readings,

- 6.4 understand team development
- 6.5 recognize the psychological benefits of group membership
- 6.6 Assess the quality of his/her behaviours and attitudes in a leadership role

7.0 Modifying Group Formations

Upon successful completion of this module the student will be able to:

- 7.1 identify the developmental stages of groups and plan activities accordingly
- 7.2 demonstrate the preparation needed for each developmental stage of a group
- 7.3 understand the importance of formal group termination
- 7.4 create a description of his/her self as a group member. (strengths, needs and plan of action)

Text: Joining Together
Chapter 11, 12 & 13

Activities: discussion,
exercises, role-play,

Assignment: Review your responses to questions 1-4 on pg. 38. Submit a brief paper describing your current skill level in comparison to same.

Due to the nature of this course, much of the learning will of necessity, be experiential. This requires that the student must complete assigned readings/assignments and be prepared to deal with the material in class sessions.

Attendance is mandatory. Failure to attend classes (miss three) may result in a failing grade for the course.

METHOD OF EVALUATION

A final grade will be determined from the following:

1. Mid-Term Exam: Based on materials taken to date	20%
2. Skill Level Assignment #1	5%
3. Therapeutic Group Activity	20%
4. Group Theory Presentation	15%
5. Final Exam	20%
6. Skill Level Assignment #2	5%
7. Attendance and Participation	15%
	<u>100%</u>

REQUIRED STUDENT RESOURCES

Texts: Johnson, D.W. & Johnson, F.P., Joining Together, Group Theory and Group Skills, New Jersey: Prentice Hall, Inc., 1987, Third Edition.

* Remocker, J., Storch, E., Action Speaks Louder, New York: Churchill Livingstone, 1987, Third Edition.

* optional – excellent resource for placement; practical group exercises.

COLLEGE GRADING POLICY

90 - 100% = A+
80 - 89% = A
70 - 79% = B
60 - 69% = C
BELOW 60% = R

SPECIAL NOTE

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

